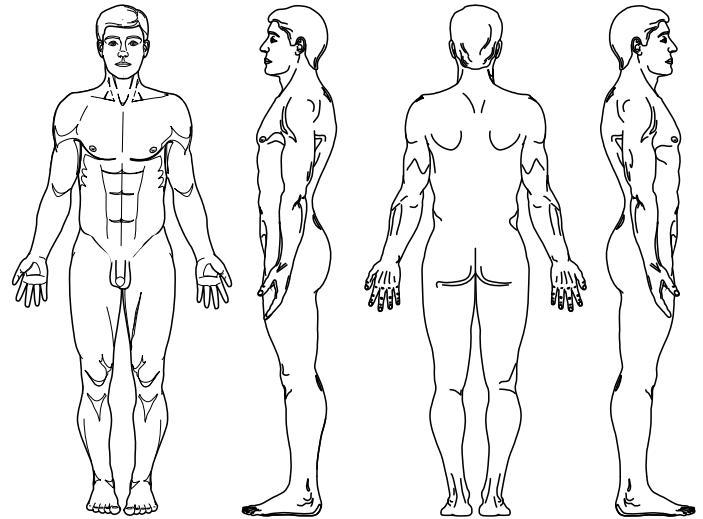


Client Name: _____ Date: _____

Identify CURRENT symptomatic areas in your body by drawing the appropriate symbols on the figures below.

- Circle areas of PAIN
- ✕ "X" over areas of JOINT AND MUSCLE STIFFNESS
- 〰 Draw wavy lines along the areas of NUMBNESS OR TINGLING
- /// Mark RECENT SCARS, BRUISES or OPEN WOUNDS



How I feel today: _____

*** For Office Use Only ***

Back / Posterior Shoulder:

Erector Spinae	L R B TP SP
Infraspinatus	L R B TP SP
Latissimus Dorsi	L R B TP SP
Psoas	L R B TP SP
Quadratus Lumborum	L R B TP SP
Rhomboids	L R B TP SP
Serratus Anterior	L R B TP SP
Subscapularis	L R B TP SP
Supraspinatus	L R B TP SP
Teres Minor / Minor	L R B TP SP
Trapezius, Upper	L R B TP SP
Trapezius, Lower	L R B TP SP
Triceps	L R B TP SP

Neck / Head:

Levator Scapulae	L R B TP SP
Masseter	L R B TP SP
Scalenes (Ant-Med-Post)	L R B TP SP
Splenius Capitis	L R B TP SP
Splenius Cervicis	L R B TP SP
Sternocleidomastoid	L R B TP SP
Suboccipitals	L R B TP SP
Temporalis	L R B TP SP

Leg:

Adductors (upper - lower)	L R B TP SP
Biceps Femoris	L R B TP SP
Gastrocnemius	L R B TP SP
Peroneus Longus/Brevis	L R B TP SP
Quadriceps Femoris Group	L R B TP SP
Sartorius	L R B TP SP
Soleus	L R B TP SP
Tensor Facia Latae	L R B TP SP
Tibialis Anterior	L R B TP SP

Arm:

Biceps Brachii	L R B TP SP
Deltoid	L R B TP SP
Extensor Group	L R B TP SP
Flexor Group	L R B TP SP
Triceps Brachii	L R B TP SP

Hip:

Gluteus Maximus	L R B TP SP
Gluteus Med/Min.	L R B TP SP
Iliacus	L R B TP SP
Piriformis	L R B TP SP

Chest:

Intercostals	L R B TP SP
Pectoralis Major	L R B TP SP

Legend:

B = Bilateral
L = Left
R = Right
TP = Trigger Point
SP = Spasm

Subjective:

Co-Pay Received?

\$ _____

CPT Treatment Codes for Today:

Yes - No: 97010 Hot/Cold

_____ qty: 97112 Neuromuscular Reeducation 15min

_____ qty: 97124 Massage 15min

Yes - No: 97250 Myofascial Release

Therapist Initials:

Notes:
